

# How Birthright Can Help You

Written by Gill Aug 28, 2008 at 12:00 AM

## **Birthright's Purpose is to:**

Support the children of one parent families and ensure those children have the same rights and privileges of all children. We help you get through today and support you while you create your future.

## **Birthright's services are:**

### **Social Work**

Reducing your worries by helping you get sorted with:

- Parenting
  - Legal Situations
  - Advocacy
  - Strengthening families
  - Finances
  - Any other issues impacting on your family
- Our experienced social worker will help you cut through the red tape and lend a hand in sorting any stressful issues- so you can get used to and enjoy parenting alone.

### **Counselling Services:**

With a friendly and gentle approach we can help you by providing:

- A service designed to be affordable for your one parent family budget
- An opportunity to clean up the past so you can prepare for a brighter future
- A chance to work through issues such as parenting, stress and dealing with change
- Tools for building a working relationship with an ex-partner and parenting through separation.
- The pathway to see yourself transformed with new confidence

### **Newsletters:**

We have a regular newsletter that advertises all our upcoming events and news. Make sure you are on the mailing list so you don't miss out.

### **Parenting Support:**

- Join other Birthright families/ whanau on the annual family camp
- Working and Studying Parents Group. meet others who are working / studying and parenting alone

### **Contact**

**1000 Victoria St, Hamilton**

**Phone: 07 8380572, 0800 457146**