

Name: \_\_\_\_\_  
 NHI: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Address: \_\_\_\_\_

## Early Pregnancy Assessment Clinic

**EPAC hours:** Monday to Friday 0815-1100

This clinic is **specifically** aimed at 1st trimester assessment, up to **14 weeks** gestation only.

**The role of EPAC is to:**

1. Assess pregnancy viability and location
2. Ongoing surveillance of pregnancy of unknown location
3. Establish a management plan for non viable pregnancy eg, conservative, medical, surgical
4. Ascertain Rhesus status and administer Anti-D if indicated. (LMCs to undertake this role where no other complications or referral criteria exist)
5. Monitor surveillance of molar pregnancy HCGs.

**Appropriate referral criteria:**

1. Abdominal +/- pelvic pain
2. PV bleeding (If associated with a positive pregnancy test within the past **72** hours - serum HCG must accompany referral).

**Exclusion criteria:**

- |   |   |  |
|---|---|--|
| <ol style="list-style-type: none"> <li>1. Deemed too unstable to delay assessment</li> <li>2. High clinical suspicion of ectopic pregnancy</li> </ol>   | } | <b>Refer directly to Emergency Department and notify Gynaecologist Registrar</b> |
| <ol style="list-style-type: none"> <li>3. Scans for uncertain dates</li> <li>4. Reassurance scan based on past adverse pregnancy outcome</li> <li>5. Scans prior to termination of pregnancy</li> <li>6. Hyperemesis gravidarum.</li> </ol> |   |  |

**Referral Process:**

	Information required
<b>Source of referral:</b> Direct referral from GP, LMC, ED Duty O & G Registrar does not need to be contacted.	Referrer name, contact phone number Client name, DOB, NHI, contact phone number LMP, EDD, Gestation, presenting problem.
<b>Fax EPAC referral sheet to 0800 843 521.</b>	An appointment will <b>only</b> be provided when <b>mandatory</b> information is received.
<b>Appointment notification.</b>	An appointment will be made for the next available clinic. Referrer and patient will be contacted with details.

Please note: Any woman not meeting the referral criteria **will not be seen in EPAC**. Please contact the oncall Gynaecology Registrar for further consultation and advice.

If the client is booked for an EPAC scan, she must arrive 30 minutes prior to the appointment with a full bladder. She must report to **Women's Outpatient Department, Level 3, Elizabeth Rothwell Building**, and will be given further instructions.

Not all clients will require an ultrasound scan when attending EPAC, particularly clients who have had a recent scan which confirms non viability. Copy of the scan report must be sent with referral. Repeated scans at short intervals is not good clinical practice.