

ANNUAL DIABETES REVIEW

Patient Sticker

Diabetes Type: _____ Year of Diagnosis: _____ Date of Review: _____

Treatment	Y/N	Comment	Measurements	Value
Diet Alone			Height	
Oral Hypoglycaemic			Weight	
Insulin			BMI	
Ace			BP	
Anti-hypertensive's			Waist circumference	
Statin/lipid lowering			CVRA	
Aspirin			Flu Vaccine	Y / N
Other			Smoking	Y / N (cessation offered)

Investigation	Value	Normal Range or Target
Date:		
HbA1c		
Total Cholesterol		
Triglycerides		
HDL		
LDL		
Total/HDL Ratio		
ACR		
Serum Creatinine		

Assessment	Comment
Blood Glucose Monitoring	
Any Hypoglycaemia?	
Do you know how to treat Hypo?	
Social/Personal situation (home, work...)	
Activity (Green Rx prn)	
General Health (Sick Day Advice)	
Infections	
Sexual Dysfunction or Dysuria	
Retinal Screening	Date: _____ Normal or Abnormal
Chest pain? /GTN use? /SOB?	
Relevant Classifications	

Screening for Depression:

- During the past month, have you often been bothered by feeling down, depressed or hopeless?
Yes / No
 - During the past month, have you often been bothered by little interest or pleasure in doing things?
Yes / No
- If "Yes" is responded to either of these questions then the 'help question' is asked which states:
- Is there something with which you would like help?

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Vascular Assessment

PULSE	Bounding	Palpable	Barely Palpable	Not Palpable
Right DP				
Right PT				
Left DP				
Right PT				

Skin Status: Temp: Hot Normal Cold
 (circle one) Colour: Normal Red Cyanosed
 Dry: Yes Normal
 Hair Present: None Dorsal Foot Toes

Claudication:

Does the Patient experience pain in the calf causing them to stop walking?

Yes / No

Walking distance before Pain? _____ metres

Capillary Refill Time:

Apex of Both Great Toes Left _____ seconds
 Right _____ seconds

Podiatrist:

Do you see a Podiatrist? Yes / No (how often?)

Referral to Podiatrist: Yes / No

Neurological Assessment

Symptom	Yes	No
Digital Foot Numbness		
Pin, Needles, Tingling		
Burning Pain		
Ankle joint –warmth, swelling, redness without pain		

Pressure Sensory Perception With Semmes – Weinstein 10g / 5.07 Monofilament

✓ Where Detected x Where Undetected

